

INSTRUCTIONS FOR THE GROUP OR PARISH COORDINATOR

CHECK LIST:

1. Obtain both books, and if desired, the 8 DVD set of accompanying talks and posters of Our Lady for children. Advertise Mary's Mantle Consecration self-guided retreat. Invite participants and collect their e-mails.
2. If you are hosting an optional weekly gathering to view the Mary's Mantle Consecration series videos, followed by discussion questions, (an enriching addition to the retreat), plan a day, place, and create a schedule for the participants. If you are gathering online and not in person, you may wish to do a weekly "Zoom" meeting to share the discussion questions.
3. Put the names of the participants into a fasting schedule.
4. Send out a welcome and introductory e-mail to participants who have signed up.
5. Send out the fasting schedule again (a revised schedule, if necessary, along with an opening prayer).
6. Send out an e-mail each of the 46 days of the consecration retreat.
7. On day 35, add a mention in your daily e-mail that participants should go to the Sacrament of Reconciliation.
8. Last two e-mails to send out.
9. Optional final get-together

[To download this entire set of instructions in an alterable Word document format (from which you can easily copy and paste), as well as the required pictures mentioned below, go to www.queenofpeacemedia.com/for-the-group-or-parish-coordinator/.]

EXPLANATION OF THE CHECK LIST:

1. Advertise Mary's Mantle Consecration and collect participants:

You are encouraged to use your own creativity and ingenuity in enticing and inviting people to participate in Mary's Mantle Consecration. Preparations should begin at least a month and a half in advance. People can be invited by word of mouth, handing out flyers after Mass, phone calls, e-mails, texts, pulpit announcements—preferably done by the pastor, invitations to parish ministries, outreach to fallen-away Catholic acquaintances and friends, etc. If advertised in a parish, announcements are placed in the bulletin for three weeks prior to the start date, and pulpit announcements are made two Sundays prior. A table should be set up at every Mass, two Sundays prior. When a pastor calls upon the entire congregation to sign up for the retreat, this is most effective means of ensuring a large number of participants.

ORDER OF TASKS:

- a. Order the books *Mary's Mantle Consecration: A Spiritual Retreat for Heaven's Help* and the optional *Mary's Mantle Consecration Prayer Journal* a month and a half in advance of the retreat start date. Order the DVDs, if hosting a weekly gathering to view them, and/or if

parishioners should wish to have them. Order the children's posters and coloring pages, if desired. All materials can be ordered through www.MarysMantleConsecration.com. To request bulk orders at a discounted cost, e-mail orders@queenofpeacemedia.com. The weekly talks are also available on YouTube and pages of reflection questions for discussion after each video are available at www.queenofpeacemedia.com/for-the-group-or-parish-coordinator.

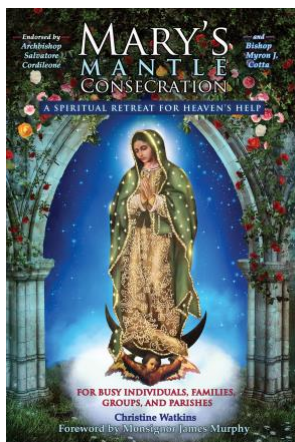
- b. Choose a communal intention, which the participants will include in their daily prayers and their day(s) of fasting. If done in a parish, the pastor should choose this prayer intention.
- c. Three weeks prior to the first day of the retreat, begin using bulletin announcements. Two weeks prior, use bulletin inserts, make pulpit announcements, and set up a table at all the Masses where the two books (and optional DVDs, and posters/coloring pages for children) will be available for parishioners to purchase. Have people sign up with their e-mail addresses. (It is preferable that people sign up with their e-mail, but if they do not have or use e-mail, they can still do the retreat and should pick their own day of fasting.
- d. Table signs, pulpit and bulletin announcements, flyers/posters/bulletin inserts, e-mail sign-up sheets, these instructions, pictures to send out with the e-mails and more, are all available at www.MarysMantleConsecration.com. Click on "Group Coordinator Instructions" to download or go directly to www.queenofpeacemedia.com/for-the-group-or-parish-coordinator.
- e. In addition to collecting e-mails through in-person sign-ups, you may wish to invite people to sign up through a free online program such as Eventbrite (see www.eventbrite.com), which can be added to a website, where people can be directed.
- f. About two weeks prior to the retreat, send out individual or bulk e-mails to people who may be interested. Below is a sample e-mail that can be used:

Some email providers are spanned if more than 40 emails are sent out at a time. If you encounter this issue, try sending out the emails in smaller numbers.

SUBJECT OF E-MAIL: Please Read. Would you like to participate in the Mary's Mantle Consecration starting on *[date]*? It can't help but shower your life and loved ones with graces!

BODY OF E-MAIL: Please join [name of parish or group] in a special consecration to Mary. There is an urgent need for heaven to intercede in the life of our families, the Church, and our world, and for us to place ourselves under the care and direction of the Blessed Mother by consecrating our lives to her. *Mary's Mantle Consecration: A Spiritual Retreat for Heaven's Help* is a special program that has resulted in miracles in the lives and hearts of its members and their loved ones. St. Pope John Paul II said that his consecration to Mary was "a decisive turning point in my life."

[Insert pictures of the book covers in the body of the e-mail here. Cover pictures can be downloaded at www.queenofpeacemedia.com/for-the-group-or-parish-coordinator



If you decide to participate in this transformative opportunity, please e-mail me back within the next couple of days and say, “I’m in!” Then I will send you an email with more details, including a schedule with each person’s assigned fast day/s/. Only first names will be used, and your e-mail will remain private.

Participants are called STARS. Starting on *[date]*, you will receive a daily e-mail reminder to pray a Rosary for each other and for the intention of *[state the intention here. For example: unity*

and holiness in the Church]. You will be invited to meditate on the day’s virtue or gift, as you follow along in the book: *Mary’s Mantle Consecration: 46 Days of Prayer for Heaven’s Help*. Meanwhile, please plan to get the book. Its beautiful daily meditations are often people’s favorite aspect of the program. You are also encouraged to take advantage of the optional *Mary’s Mantle Companion Prayer Journal* with Scripture passages and thought-provoking questions for each day of the consecration preparation. This will aid your prayerful communication with God and deepen your experience.

Books will be available in the vestibule after the Masses on *[list the days and dates]* or can be purchased through www.MarysMantleConsecration.com. Also see the beautiful poster of Our Lady, to which children can add a star each day of the retreat, as well as coloring pages.

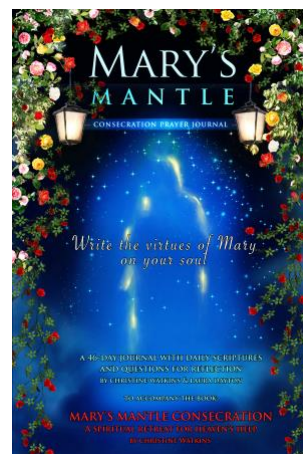
Wonderful videos of weekly talks accompany the consecration. *[If you are gathering weekly to view the talks, add this sentence:]* Each *name the weekday and time*, we will gather in *name the place* to view the weekly videos followed by discussion questions for deeper reflection. An 8-DVD set of the weekly videos can be purchased, as well, for in-home viewing. The talks are also available on YouTube here: <http://bit.ly/2M3ntRg>.

Remember, e-mail me back within the next couple of days if you’d like to be put on the list, say, “I’m in!” and sign your name.

I look forward to hearing from you!

In the hearts of Jesus and Mary,

[Name of Group Coordinator]



2. Optional weekly gathering for viewing and discussion of the Marian Consecration Series talks for the retreat

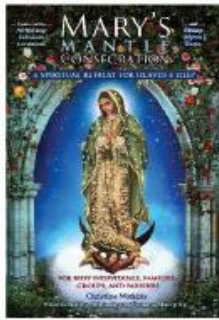
Participants should be encouraged to watch the weekly video talks by the author, Christine Watkins, and Deacon David Leatherby, which accompany the retreat. Parishes and groups often plan a weekly gathering for this purpose. Reflection questions to follow each video are available at www.queenofpeacemedia.com/for-the-group-or-parish-coordinator). The weekly gatherings, in addition to praying and fasting for one another and for a communal intention, foster a close sense of community among the participants. The 8-DVD set of the talks (also available on YouTube) can be purchased here: <https://queenofpeacemedia.com/product/marys-mantle-consecration-8-dvd->

[set/](#). If you choose not to gather each week, participants can purchase the 8-DVD set for themselves or watch the videos weekly on YouTube.

If scheduling a physical gathering, you may wish to create an outline similar to the one that a group leader constructed below:

Day 1	Thurs., July 25	Begin first weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 1: <i>What Does Consecration to Mary Mean?</i>
Days 2-7	July 26-31	Self-guided daily reading, Rosary, fast on assigned day
Day 8	Thurs., Aug. 1	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 2: <i>Why the Rosary Has Such Power and How to Pray it Effectively</i>
Days 9-14	Aug. 2-8	Self-guided daily reading, Rosary, fast on assigned day
Day 15	Thurs., Aug. 8	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 3: <i>The Untapped Power of Fasting to Change Our Lives and Loved Ones</i>
Days 16-21	Aug. 9-14	Self-guided daily reading, Rosary, fast on assigned day
Day 22	Thurs., Aug. 15	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 4: <i>Why Extraordinary Virtue is Needed in Our Difficult Times</i>
Days 23-28	Aug. 16-21	Self-guided daily reading, Rosary, fast on assigned day
Day 29	Thurs., Aug. 22	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 5: <i>What You Don't Know but Need to Know about Confession and Joy</i>
Days 30-35	Aug. 23-28	Self-guided daily reading, Rosary, fast on assigned day
Day 36	Thurs., Aug. 29	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 6: <i>Why are Virtues So Hard and Vices So Easy?</i> NOTE: To prepare your soul for its consecration to Mary, plan to receive the Sacrament of Reconciliation between now and Day 46, when you will consecrate yourself to the Mother of God, who will bring you intimately close to the Lord's Heart.
Days 37-42	Aug. 30-Sept. 4	Self-guided daily reading, Rosary, fast on assigned day
Day 43	Thurs., Sept 5	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 7: <i>Why Mary is the Model of Discipleship and How She Can Help You</i>
Days 44-46	Sept. 6-8	Self-guided daily reading, Rosary, fast on assigned day
Day 46	Sunday, Sept. 8 [Feast day of Our Lady]	<i>Make the Act of Total Consecration to Mary</i> NOTE: Print out and sign your consecration certificate, available at www.MarysMantleConsecration.com

The following is a schedule that a group coordinator used for a group that met weekly through online Zoom meetings [This chart can be downloaded as a Word document in a zip file for easy alteration at www.queenofpeacemedia.com/for-the-group-or-parish-coordinator].



WEEKLY CHART FOR GROUP COORDINATORS USING ZOOM

Meeting times [example: 7:30pm-8:45pm (PT)] (please try and be 10 min. early for our online Zoom meeting in case there are difficulties signing on.)

We will break out into different zoom groups with small group leaders, if there are a large number of participants.

Day 1	Wed., Feb 17	Begin first weekly meeting – <i>Video – Part 1: What Does Consecration to Mary Mean?</i>
Days 2-7	Feb. 18-23	Self-Guided daily reading, Rosary, fast on assigned day
Day 8	Wed., Feb. 24 <i>*May run until 9PM tonight</i>	ZOOM MEETING- Video followed by discussion questions <i>Video-Part 2: Why the Rosary Has Such Power and How to Pray it Effectively</i>
Days 9-14	Feb.25-Mar. 2	Self-guided daily reading, Rosary, fast on assigned day
Day 15	Wed., Mar. 3	ZOOM MEETING- Video followed by discussion questions <i>Video – Part 3: The Untapped Power of Fasting to Change Our Lives and Loved Ones</i>
Day 16-21	Mar. 4-9	Self-guided daily reading, Rosary, fast on assigned day
Day 22	Wed., Mar. 10	ZOOM MEETING- Video followed by discussion questions <i>Video- Part 4: Why Extraordinary Virtue is Needed in Our Difficult Times</i>
Day 23-28	Mar 11-16	Self-guided daily reading, Rosary, fast on assigned day
Day 29	Wed., Mar. 17	ZOOM MEETING- Video followed by discussion questions <i>Video – Part 5: What You Don't Know but Need to Know about Confession and Joy</i>
Day 30-35	Mar.18-23	Self-guided daily reading, Rosary, fast on assigned day
Day 36	Wed., Mar. 24	ZOOM MEETING- Video followed by discussion questions <i>Video: Part 6: Why are Virtues So Hard and Vices So Easy?</i>
Day 37-42	Mar.25-30	Self-guided daily reading, Rosary, fast on assigned day
Day 43	Mar. 31	ZOOM MEETING- Video followed by discussion questions <i>Video – Part 7: Why Mary is the Model of Discipleship and How She Can Help You</i>
Day 44-46	Apr. 1-Apr. 3	Self-guided daily reading, Rosary, fast on assigned day
DAY 46	Apr. 3/Holy Saturday DAY OF CONSECRATION	Make the Act of Total Consecration to Mary (Sign Certificate after Consecration Prayer)

3. Put the names of the participants into a fasting schedule

Making up the schedule of fasting days:

When the numbers of participants is less than 46, it is suggested that the following numbers of people be invited to participate in Mary's Mantle: 7 or 21 or 46, as these numbers make it easier for the group coordinator to assign people their fast days. If 7 people, or "Stars," participate, each Star is assigned a particular day of the week for fasting, such as every Tuesday. If 21 participate, then each Star fasts every third week—every third Tuesday, for instance. If 46 people participate, each Star fasts on one of the 46 days. If more than 46 participate, the numbers spill over, and two or three people, or "Stars," can be grouped into one day.

A fasting schedule for a group of 100 participants, as an example, could look something like the schedule below. Go to the webpage www.queenofpeacemedia.com/for-the-group-or-parish-coordinator, to download the zip file of this fasting schedule, which you can modify. Save your completed schedule as both a Word document and a PDF file on your computer.

SAMPLE SCHEDULE, IF YOU HAVE 100 PARTICIPANTS, FOR EXAMPLE:

MARY'S MANTLE CONSECRATION FASTING SCHEDULE

TOGETHER, LET US COVER MARY'S MANTLE WITH STARS



Every participant in the Mary's Mantle consecration will pray a daily Rosary for 46 days for all of the participants (STARS), their loved ones, and for their personal/private intention.

Our communal intention for the retreat is:
State your prayer intention here

The participants, who are referred to as "Stars," will fast on their assigned day. (once during retreat, on your given day).
(The suggested fast is bread and water.)

**MAY MARY'S MANTLE SHINE
BRIGHTLY THANKS TO YOU!**

DATE	STAR #	STARS ★
ASH WEDNESDAY 2/17	1	Rosamaria B./Lois S.
18 Thursday	2	Theresa A./Suzanne G.
19 Friday	3	Tani N./Jennifer M.
20 Saturday	4	Shari L/ Jackie M .
21 Sunday	5	Therese P./Mary E.
22 Monday	6	Carolyn L./ Mary L.
23 Tuesday	7	Michael & Lisset V./ Danelle M. & Christina B.
24 Wednesday	8	Cynthia C./ Bev H.
25 Thursday	9	Jessica P./Lois S.
26 Friday	10	Connie N./Kathy S.
27 Saturday	11	Maribel S./Isabel E.
28 Sunday	12	Jeanne D./Anna M.
1 Monday	13	Sheila B./Colleen S.
2 Tuesday	14	Joyce D./Yolla B.
3 Wednesday	15	Marisa G./Tori & Marc Mc.
4 Thursday	16	Rosa R./Jeannie Bo.
5 Friday	17	Lynn P./Amy M.
6 Saturday	18	Shelley & Sean C./Eric O.
7 Sunday	19	Noel B./Lauren P.
8 Monday	20	Adriana V./Lois G.
9 Tuesday	21	Heidi S./Celeste B.
10 Wednesday	22	Alizu U./Robert B.
11 Thursday	23	Marianne G./Monse D.
12 Friday	24	Dianne & Paul D./Miriam D.
13 Saturday	25	Monika T./Maricela B.
14 Sunday	26	Eva T./Suzanne G.
15 Monday	27	Raquel C./Joey M.
16 Tuesday	28	Kelleen B./Ricky & Brenda L.
17 Wednesday	29	Sally T. & Tony D./Connor & Taylor M.
18 Thursday	30	Kerry I./Steve T.
19 Friday	31	Meg M./Elina Maria O.
20 Saturday	32	Kymm C./Lesli R.
21 Sunday	33	Kristen H./Susie H.
22 Monday	34	Eva M./Carmen N.
23 Tuesday	35	Adrian & Lisa O./Rosalie S.
24 Wednesday	36	Laura V./Mercy C.
25 Thursday	37	Mina H./Amy H.
26 Friday	38	Espe M./Carmen G.
27 Saturday	39	Alex A./Julie K.
28 Sunday	40	Jeannie B. /Adolfo A.
29 Monday	41	Cora M./Omar L.
30 Tuesday	42	Kati E./Mina S./Bea S.
31 Wednesday	43	Meghan T./Jess G.
1 Holy Thursday	44	Elizabeth G./ Monique R.
2 Good Friday	45	Kristin M-R/Anthony R./Dee B.
3 Holy Saturday & Day of Consecration	46	Kim S./Bronwyn J./April H.

4. Send out a welcome e-mail to participants who have already signed up:

SUBJECT OF E-MAIL: Welcome to Mary's Mantle Consecration! Please read. We will begin on *[starting date]*.

BODY OF E-MAIL: Thank you for participating in Mary's Mantle Consecration! Forty-six stars appeared on the mantle of Our Lady of Guadalupe when she appeared to St. Juan Diego in 1531. In honor of that number, *Mary's Mantle Consecration* encompasses 46 days of praying the Rosary, reading a 2-minute beautiful meditation on a virtue or one of the seven gifts of the Holy Spirit, and a day of fasting, culminating in consecrating oneself and/or one's family to the Blessed Mother. No, this is not too many days, nor too much! Those who dive in report that they don't want it to end. To prepare, please read the introduction to the book *Mary's Mantle Consecration: A Spiritual Retreat for Heaven's Help*, where you will learn more about the graces that await you.

You have been assigned to fast on a particular day or days for each other and for *[state the communal intention here]*. Please look at the schedule below (also attached) to take note of your dates. On your fasting day, the entire group will remember you in their Rosary prayers. The suggested fast is bread and water. (A modified fast can be observed for those with health limitations.) The last day of the spiritual retreat will be *[Feast Day and date]*.

We will be meeting every [day], beginning [date] to view the inspiring videos that accompany the retreat, followed by discussion questions. If you cannot attend these talks, you may view the videos at home on YouTube or go to www.MarysMantleConsecration.com to purchase the 8 DVD set.

You will not regret your participation, and like all things of God, the more to give to it, the more you will receive. Don't forget to get the *Mary's Mantle Consecration Prayer Journal*, as well, if you would like to dive more fully into the virtues and gifts of the Spirit! **If there are certain days that you know you cannot fast between *[beginning date]* and *[ending date]*, please e-mail me those dates within the next couple of days. I will then send out an e-mail with a revised schedule of everyone's assigned fast days.** Only first names will be used, and your e-mail will remain private. (If you do not intend to participate, please e-mail me back immediately, and I will remove you from the list. Otherwise, I will assume you're on board!)

Even if we cannot unite physically, but only electronically, the results of our collective prayer and consecration will be extraordinary. In his book, *The Secret of the Rosary*, St. Louis-Marie de Montfort wrote: "*Somebody who says his Rosary alone only gains the merit of one Rosary, but if he says it together with thirty other people, he gains the merit of thirty Rosaries. . . 'In union there is strength.'*" Thank you, in advance, for your efforts on behalf of the Kingdom. At the beginning of the 46 days of prayer and fasting, no stars will be illuminated on Mary's mantle. By the end, her mantle will shine brightly, thanks to you! May you always find comfort under the mantle of Mother Mary, who loves you so dearly.

[Here, two images of Our Lady of Guadalupe should be included here alongside one another. The first shows her with one star on her mantle. The second shows her with all 46 stars. These two pictures and all the pictures to be used for the e-mails can be accessed at www.queenofpeacemedia.com/for-the-group-or-parish-coordinator. Use picture #1 and picture #46.

DAY 1:



DAY 46:



St. Gabriel, the messenger, please deliver this e-mail through your angelic hands.

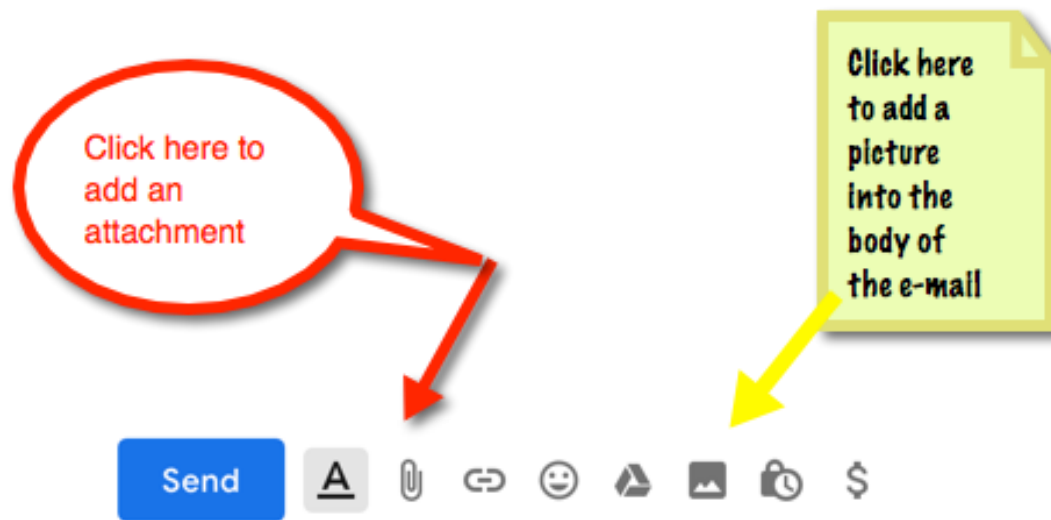
[The very first Mary's Mantle ever done through e-mail encountered e-mail delivery problems until this prayer was added.]

In the hearts of Jesus and Mary,

[Name of Group Coordinator]

P.S. Here is the fasting schedule, which is also attached [and the weekly schedule for viewing the Mary's Mantle video series]. Please mark your fasting day(s) on your calendar!

[Insert your fasting schedule—and the weekly video schedule, if you're hosting them, in a pdf format as a picture as the end of this e-mail and as an attachment.] If you are using gmail, here is where you will find the icons to insert a picture and add an attachment to the e-mail:



5. Send out the fasting schedule again (revised, if necessary, along with an opening prayer)

The wording for this third bulk e-mail can be as follows:

SUBJECT OF E-MAIL: Mary's Mantle Consecration participants. Please read and take note of your assigned fasting day(s) and read this opening prayer.

BODY OF E-MAIL: Thank you for participating in *Mary's Mantle Consecration*. We are about to begin a beautiful adventure together of prayer and fasting for each other and ***[state your communal intention here]***. Please open the attached schedule and mark your calendar with your assigned fasting day(s). The suggested fast is bread and water. (A modified fast can be observed for those with health limitations.) I will be sending out daily e-mails for us to follow beginning ***[date]***.

Let us begin with a prayer:

O most Holy Mother, in your sacred presence, I offer you this preparation for consecration to adorn your heavenly mantle with stars. I appeal to you to intercede these 46 days for all of my needs and those of my loved ones, and for ***[state the communal intention(s) here]***. Please show me the sweet compassion that you showered upon St. Juan Diego, your messenger. Please give me a pure and virtuous heart, like your own, so that I might derive the same consolation—the soothing of my pains and the lifting of my soul—that Juan Diego received from the gentle words you gave him centuries ago:

“Listen, put it into your heart, my dearest one, that the thing that disturbs you, the thing that afflicts you, is nothing. Do not let your countenance, your heart be disturbed. Do not fear any sickness, nor anything that is sharp or hurtful. Am I not here, I, who am your Mother? Are you

not under my shadow and protection? Am I not the source of your joy? Are you not in the hollow of my mantle, in the crossing of my arms? Do you need anything more?"

In the hearts of Jesus and Mary,

[Name of Group Coordinator]

[Be sure to include your fasting schedule as an attachment to this email and to every email you send out, so people can have an easy way to look up their fasting day. Also include the video schedule, should you be having a weekly viewing followed by discussion questions.]

6. Send out an e-mail each of the 46 days of the spiritual retreat

The next task of the group coordinator is to send out daily e-mails during the 46 days of Mary's Mantle. The following words can be used. These e-mails should be sent out the preceding night or very early the next morning. The day, date, participant[s] name[s], and virtue or gift will change each day. This is an example of the first day, when only one star will be lit on Mary's Mantle. Each day a star is added. You may wish to put these emails together one day at a time or save them as drafts on your computer and have them ready to send out. Sending them out 40-or-so at a time is advised, as some e-mail servers do not all for more in a bulk e-mail.

SUBJECT OF E-MAIL: Day 1: March 1. Star: Rachel. Virtue: Thanksgiving

BODY OF E-MAIL:

Star #1: Rachel

Today this Star is going to fast for the intention of *[state your communal prayer intention(s) here]*, and for all of us and our loved ones. Let us, today, pray one Rosary for that same intention and remember Rachel and her loved ones.

The virtue *[or gift]* for the day is THANKSGIVING. See page *[page number in the Mary's Mantle book for the virtue or gift.]* or [click here](#). Let us together read the meditation on this virtue *[or gift]* and apply it throughout our day.

Tomorrow's Star is Warren.

Click here to watch the Marian Consecration Series video for the week [if you are unable to attend the weekly session]: *[insert the YouTube url and the name of the first week's video. For example: "What Does Consecration to Mary Mean?"]*



[Note to the coordinator: You will need to add a hyperlink to the day's meditation, where it says "click here" in the e-mail message above. All of the meditations can be found on this webpage: www.queenofpeacemedia.com/marys-mantle-pages. All of the weekly videos can be found on this webpage: https://www.youtube.com/playlist?list=PLs31UGAeCFmCTklReZ1ltQCG8o94oF5_g and at www.queenofpeacemedia.com/for-the-group-or-parish-coordinator. See the instructions below regarding hyperlinks, if you are new to them.

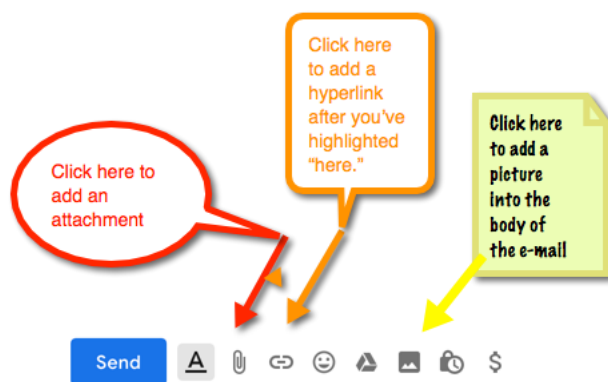
St. Gabriel, the messenger, please deliver this e-mail through your angelic hands.

[The very first Mary's Mantle Consecration ever done through e-mail encountered e-mail delivery problems until the above prayer was added.]

[This beautiful image of Our Lady of Guadalupe, with a new star appearing on her mantle each day, should be included in the body of the e-mail. Click here to download the 46 images onto your computer so you can upload them one at a time for each e-mail. If you have more than one participant as a star on any given day, change the email to mention all the stars who are fasting that day and/or the next, and change the language to the plural form accordingly.]

[Note: In order to send out these daily e-mails, the coordinator will need to know or learn to upload the day's Guadalupe picture into the body of each e-mail and add a hyperlink to the words "click here." Each e-mail provider is different in terms of how a picture is uploaded into the body of an e-mail. Normally, you put your cursor in the body of the e-mail where you would like the picture to go, then look for a picture icon, click on it, and upload the Guadalupe picture that you've downloaded onto your computer. To add or change a hyperlink, highlight the words "click here," then click on a hyperlink icon that looks like a link, something like this (∞), and then type in the url website address of the meditation page of the day. After you've inserted the hyperlink, when the person who gets the e-mail clicks on the words "click here," the meditation page you've linked to will pop up on their screen.]

If you are using gmail, here is where these useful icons are found:



10. On day 36, add mention in your daily e-mail that participants should go to the Sacrament of Reconciliation

Day 36: add the following words to your e-mail on this day of meditating on the gift of Prudence:

PLEASE NOTE: To prepare your soul for its consecration to Mary, please receive the Sacrament of Reconciliation, also called Confession, between now and day 46, when you will consecrate yourself to the Mother of God, who will bring you intimately close the Lord's Heart.

7. Last e-mails to send out

- a. *On day 45, add to the end of the email:*

Tomorrow's Star is Stacy, and is the day of our consecration to Mary.

- b. *On day 46, the group coordinator will send out two e-mails. After sending out the final daily e-mail for the last Star(s), the coordinator will send the following e-mail for the Marian Consecration prayer:*

SUBJECT OF E-MAIL: Prayer of Consecration to Mary

BODY OF E-MAIL: *[Here the group coordinator can say a personal note of thanks to those who participated in the Mary's Mantle Consecration, followed by:]*

In preparation for your formal consecration, please print out the Mary's Mantle Consecration Certificate. Click [here](#) for the certificate. *[found at www.marysmantleconsecration.com/]*

Today, please read the consecration prayer in your *Mary's Mantle Consecration* book on page 107 or 109, slowly and thoughtfully. The prayer can also be found by clicking [here](#).

Then sign your name(s) on the Consecration Certificate. This act of writing your signature is not one to be taken lightly. By saying the Consecration Prayer with your heart and signing your name, you are making formal act of consecrating yourself to the Mother of God.

CONGRATULATIONS! Thank you for taking this communal journey of faith. Please also take a moment to read the personal note, "Going Forward," by Msgr. James Murphy on page 112.

If you would be so kind as to send any testimonies of your experience of graces received during the *Mary's Mantle Consecration* to me at *[group coordinator e-mail]* and to the author at cwatkins@queenofpeacemedia.com, we would be most grateful! This will help more people come to know the value of this spiritual retreat in preparation for consecration. Thank you for honoring our Mother and praying for *[state your communal intention]* in this beautiful way. May the graces you received remain with you forever.

In the hearts of Jesus and Mary,
[Name of Group Coordinator]

11. Optional final get-together

If desired, the coordinator can organize a final get-together with the participants to join in fellowship, share experiences, pray the consecration prayer together, receive certificates, drape a mantle around a statue of Mary, etc. This is optional and should be arranged in a manner suitable for the group or parish.